



CAMP MOWANA 2009 Outposters Camp



We are excited that you will be joining us for Outposters at Camp Mowana this summer! Be prepared to “rough it” in the woods as you sleep in tents, cook your meals over an open fire, track wildlife, identify edible plants, learn leave no trace principles and more!

The following items from the camper “what to bring” list are *particularly* important:

- 1) Sleeping bag
- 2) Swimsuit and towel
- 3) Insect repellent (10-30% DEET), non-aerosol
- 4) Old shoes that can get wet and muddy
- 5) Poncho
- 6) Hat
- 7) Water bottle
- 8) Flashlight



We will be packing into the woods, so...**PACK LIGHT**. We will provide all food, cooking and camping gear. Lastly, bring yourself-prepared for a unique outdoor challenge, and your completed Health/Authorizations Form. We are really looking forward to this experience, and hope you are too!

If you have any questions, please feel free to contact us at 419-589-7406 or mowana@lomocamps.org.

